AMENDMENTS TO THE SPECIFICATION

Please add the following paragraph before the heading beginning on page 4, line 1:

--Further scope of the applicability of the present invention will become apparent from the detailed description given hereinafter. However, it should be understood that the detailed description and specific examples, while indicating preferred embodiments of the invention, are given by way of illustration only, since various changes and modifications within the spirit and scope of the invention will become apparent to those skilled in the art from this detailed description.--

Please add the following paragraph after the heading beginning on page 4, line 1:

--The present invention will become more fully understood from the detailed description given hereinbelow and the accompanying drawings which are given by way of illustration only, and thus are not limitative of the present invention, and wherein:--

The private server 13 is connected to the management server 31 in the operation business entity's facility 30 under unitary management by the operation business entity via the external network 22 such as Internet. The management server 31 includes a program server 31a that holds different kinds of exercise programs such that exercise programs stored in the private server 13 in the health promotion facility 10 and exercise programs stored in the training machine 12 21 in the home 20 can be renewed any time. Additionally, the management server 31 includes a customers management server 31b for managing personal information of users 50 as customers data base (personal cards) to enable exchange of management information between the private server 13 in the health promotion facility 10 and the training machine 21 in the home 20 any time.

Please replace the paragraph beginning on page 8, line 31, with the following rewritten paragraph:

First referring to Fig. 5, procedures of member registration processing and training machine usage processing in the <u>heal health</u> promotion facility 10 of the physical training operation system shown in Fig. 4 will be explained.

Please replace the paragraph beginning on page 8, line 35, with the following rewritten paragraph:

Users 50 are registered as members by registering their personal information (ages, genders, physical fitness levels, heal health conditions, exercise histories, purposes of exercises, and so on) by means of the member registration device 19a in the health promotion facility 10 (step 101). Thereby, personal information of the users 50 is stored as management information in both the private server 13 and the customers management server 31b of the operation business entity's facility 30 (step 102).

Please add the following paragraph after the paragraph ending on page 14, line 30:

--The invention being thus described, it will be obvious that the same may be varied in many ways. Such variations are not to be regarded as a departure from the spirit and scope of the invention, and all such modifications as would be obvious to one skilled in the art are intended to be included within the scope of the following claims.--